

INNOVATIVE TECHNIQUES IN MANAGING GRIEF GROUPS

DESCRIPTION:

This webinar will examine the newest thinking about providing grief support in a group setting, including a discussion of group structure (closed or open-ended) and group make-up (loss-specific, gender-specific). The webinar will also look at how to deal with difficult dynamics that may arise between group members.

PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email the experts questions that they will discuss and answer during the program's Q & A session.

LIVE DATE: May 9, 2017
TIME: noon to 1:30pm ET
ON DEMAND: to registered organizations and individuals through May 8, 2018
LENGTH: 90 minutes
CES: 1.5 hours for a wide variety of professional boards
CE FEE: \$7.00 per participant
TARGET AUDIENCE: Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

This program will be live on the air date, recorded and made available on demand for one year. This program is accessible online only. The recorded program will be available approximately a day after the live event.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please also be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

http://media01.commpartners.com/CP/browser_test/iframe.html

Technical Questions? Please contact CommPartners at 1-800-274-9390 or via e-mail at: hospice@commpartners.com.

PROGRAM FEES/MATERIALS:

As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

\$25.99 Individual Registration
\$89.99 Organizational Registration

*If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

**HFA does offer discounts for purchasing pre-set education packages. Please see HFA's website at www.hospicefoundation.org for current package pricing.

HOW TO REGISTER:

Register directly online, on HFA's website: www.hospicefoundation.org.

REGISTRATION POLICY:

A registered site is licensed to show this program at one, single location. The definition of a site is as follows:

- Any individual accessing the streaming webcast from a computer at home or in the hospice or other office.
- Any group accessing the streaming webcast from a computer and projecting it so an entire room of people can access it.
- Each computer accessing the streaming webcast.

MATERIALS AREA:

Course materials are accessible to all registered individual and organizations immediately after registering for the program(s). Materials include your log-in information (viewing instructions and technical information), CE information/instructions, the program's slides, and additional program material. Information will be posted to your account as they become available. A link to the materials is also available in your receipt for the program.

LEARNING OBJECTIVES:

At the conclusion of this webinar, participants will be able to:

1. List six values of grief groups for children and adolescents;
 2. Describe five factors that should be considered in beginning a support group;
 3. List and discuss four critical factors that will influence interpersonal dynamics within the group;
 4. Discuss disruptive behaviors that may manifest in the group and strategies to limit such behaviors.
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PROGRAM OUTLINE:

- I. Introduction: The Value of Grief Groups
 - II. Beginning Grief Groups
 - A. Need Assessment
 - B. Planning Considerations
 1. Type, Structure, and Size
 2. Intake
 3. Defining Expectations
 4. Setting Ground Rules
 5. Leadership Approach
 - III. Interpersonal Dynamics
 - A. Inclusion
 - B. Control
 - C. Affection
 - IV. Managing the Group: Coping with Destructive Behaviors
 - V. Conclusion: Growth-Oriented Groups
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CONTINUING EDUCATION (CE) CREDITS:

This program is valid for 1.5 hours of CE credit. The CE cost is \$7 per certificate. CE credits are available until May 8, 2018.

A complete list of board approvals for this webinar program is posted to HFA's website at www.hospicefoundation.org.

COURSE COMPLETION REQUIREMENTS:

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline of May 8, 2018. (In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at educate.hospicefoundation.org).

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EXPERT PANELISTS:

Kenneth J. Doka, PhD, MDiv, is a professor of gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*® book series, its *Journeys* newsletter, and numerous other books and publications. In addition, Dr. Doka has served as a panelist on HFA's *Living with Grief*® teleconference programs for 16 years. Dr. Doka was elected president of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the board of directors of the International Work Group on Death, Dying and Bereavement and served as chairperson from 1997-1999. The Association for Death Education and Counseling presented him with an Award for Outstanding Contributions in the Field of Death Education in 1998. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. He has been the keynote speaker at conferences throughout North America as well as Europe, Asia, Australia, and New Zealand, and is a frequent guest on television and radio news programs. Dr. Doka is an ordained Lutheran minister.

J. William Worden, PhD, ABPP, is a Fellow of the American Psychological Association and holds academic appointments at the Harvard Medical School and at the Rosemead Graduate School of Psychology in California. He is also Co-Principal Investigator of the Harvard Child Bereavement Study, based at the Massachusetts General Hospital. Recipient of five major National Institutes of Health grants, his research and clinical work over 40 years has centered on issues of life-threatening illness and life-threatening behavior. His professional interests led him to become a founding member of the Association of Death Education and Counseling and the International Work Group on Death, Dying, and Bereavement. Worden is the author of *Personal Death Awareness and Children & Grief: When a Parent Dies*, and is coauthor of *Helping Cancer Patients Cope*. His book *Grief Counseling & Grief Therapy: A Handbook for the Mental Health Practitioner*, now in its fourth edition, has been translated into 14 foreign languages and is widely used around the world as the standard reference on the subject.

REVIEWER:

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, The College of New Rochelle

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CE Credits for this program may only be obtained through HFA. CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):

This is based on individual viewing location(s). For program organizers, please post all ADA instructions when advertising the program.

CONFLICT OF INTEREST:

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA)

CONTACT INFORMATION

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