

Hospice Foundation of America's Program

FUNERALS AND BEYOND USING RITUALS TO SUPPORT GRIEVING YOUTH

Self-Study ONLINE Course

DESCRIPTION

Rituals represent one of the oldest and most resilient tools that humans have used to deal with death. Even in Neolithic times, there is evidence of elaborate rituals used to bury the dead. Even rituals can be a powerful tool to help children and adolescents deal with loss. This course explores the ways that funerals and therapeutic ritual can support grieving youth.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

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| RELEASE DATE: | Program originally premiered February 19, 2019 |
| ON DEMAND: | to registered individuals for 1 year after purchase |
| LENGTH: | 90 minutes |
| CE HOURS: | 1.5 hours for a wide variety of professional boards |
| CE FEE: | One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each. |
| CONTENT LEVEL: | The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced. |
| TARGET AUDIENCE: | The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments |

HOW THE ONLINE SELF-STUDY PROGRAM WORKS

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:

<http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page>

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org. To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at educate@hospicefoundation.org.

For current prices, please refer to HFA's website at www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing.

MULTIPLE VIEWER REGISTRATION

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are \$12 per additional participant per course. **Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates.** Contact HFA at 202-457-5811 or email us at educate@hospicefoundation.org to register the additional participants.

MATERIALS AREA

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials contain the full-length video, CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Participants will understand the important role memorialization and rituals play in the lives of grieving youth.
2. Participants will learn how to debunk the common myths surrounding youth attendance at funerals.
3. Participants will be able to list and describe rituals that can be used in both individual and group settings with bereaved youth.
4. Participants will learn how rituals and grief-related activities associated with those rituals can assist in facilitating the grieving process in bereaved youth.

PROGRAM OUTLINE

- I. Discussing death & funerals (8 minutes)
- II. How funerals & rituals help us (8 minutes)
- III. Encouraging the conversation with families (5 minutes)
- IV. Debunking common myths about youth and funerals (10 minutes)
- V. Youth involvement in memorialization (10 minutes)
 - a. Examples of practical application
- VI. Preparing youth for funeral attendance & viewing loved ones (10 minutes)
 - a. Examples of practical application
- VII. Rituals with bereaved youth beyond the funeral (15 minutes)
 - a. Facilitating continuing bonds
 - b. Rituals and grief-related activities
- VIII. Using Rituals in Individual and Group Settings (18 minutes)
 - a. Grief Support Groups
 - b. Grief Camps
 - c. Memorial Events
 - d. Holiday Events
- IX. Questions and Answers (6-10 minutes)

CONTINUING EDUCATION

This program is available for 1.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each. A complete list of board approvals for this course is posted to HFA's website (at www.hospicefoundation.org).

COURSE COMPLETION REQUIREMENTS

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*). Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at <https://educate.hospicefoundation.org>).

*A complete list of board approvals is posted on HFA's website at www.hospicefoundation.org.

EXPERT SPEAKERS

Pamela Gabbay, EdD, FT, is a co-founder and an executive partner with The Satori Group, LLC, a national education, management, and consulting company, providing education and consultation to the death, end-of-life, and bereavement fields. Dr. Gabbay is an adjunct faculty member at Brandman University in California and is a member of the training corps for the American Foundation for Suicide Prevention (AFSP). She is the co-author, along with Andy McNiel, of *Understanding and Supporting Bereaved Children: A Practical Guide for Professionals*. Formerly, Dr. Gabbay was the director of the Mourning Star Center for Grieving Children. She created and served as the camp director for Camp Erin, Palm Springs, a bereavement camp for children. She served two terms on the board of directors of the National Alliance for Grieving Children (NAGC). Dr. Gabbay served as the president of the Southern California Chapter of the Association for Death Education and Counseling. Each year, she presents at multiple national conferences. Dr. Gabbay holds a Fellow in Thanatology (FT) from the Association for Death Education and Counseling and earned a Master of Arts degree in Cognitive Psychology from Claremont Graduate University. She earned a Doctor of Education degree in Organizational Leadership from Brandman University.

Brad Speaks, is the President and CEO of Speaks Family Legacy Chapels. He runs three funeral homes, a cemetery, a crematory, and a preneed operation in the Kansas City area. Brad is a past president of the Selected Independent Funeral Homes association, the largest group of family-operated funeral homes in the world. He is a Rotarian and a former pastor, and he currently serves on the Funeral Service Foundation Board of Trustees. Brad is a graduate of Graceland University with a double major in History and Political Science. He has been married to Mary Kay for 32 years and they have one daughter, Ciera Speaks.

MODERATOR

Kenneth J. Doka, PhD, MDiv, *Professor of Gerontology* at the Graduate School of The College of New Rochelle and *Senior Consultant* to the Hospice Foundation of America

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, The College of New Rochelle

BIBLIOGRAPHY/REFERENCES:

Expert resources:

Our program Speakers are expert resources (see biographies, above)

Textbook references and Peer-reviewed Journal/resources:

Fristad, M. A., Cerel, J., Goldman, M., Weller, E. B., & Weller, R. A. (2001). The role of ritual in children's bereavement. *Omega – Journal of Death and Dying*, 42, 321-340.

Funeral Service Foundation. (2018). *Youth & Funerals: The important role funerals and memorialization play in the lives of youth*. Brookfield, WI.

Lucke, G., Gilbert, R., & Barrett, R. K. (2006). *Death and religion in a changing world*. New York, NY: Routledge Publishing.

McNiel, A. & Gabbay, P. (2018). *Understanding and supporting bereaved children: A practical guide for professionals*. New York: Springer Publishing.

Primo, Joseph M. (2013). *What do we tell the children?: Talking to kids about death and dying*. New York, NY: Abington Press.

Silverman, P. R., & Worden, J. W. (1992). *Children's reactions in the early months after the death of a parent*. *American Journal of Orthopsychiatry*, 62, 93-104.

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES PLEASE CONTACT

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