

Hospice Foundation of America's Program

DYING, DEATH AND GRIEF PHENOMENA

Self-Study ONLINE Course

DESCRIPTION

In this webinar, we explore some of the phenomena around the dying process and bereavement such as terminal lucidity, near death experiences, nearing death awareness, and other end-of-life phenomena. A strong emphasis is on understanding how to handle such experiences.

PROGRAM DETAILS

Hospice Foundation of America has taken its popular webinar program and created a self- study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

RELEASE DATE:	Program originally premiered May 15, 2018
ON DEMAND:	to registered individuals for 1 year after purchase
LENGTH:	90 minutes
CE HOURS:	1.5 hours for a wide variety of professional boards
CE FEE:	One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each.
CONTENT LEVEL:	The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
TARGET AUDIENCE:	The course is useful to Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

HOW THE ONLINE SELF-STUDY PROGRAM WORKS:

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:

<http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page>

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org. To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at educate@hospicefoundation.org.

For current prices, please refer to HFA's website at www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing.

MULTIPLE VIEWER REGISTRATION

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are \$12 per additional participant per course. **Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates.** Contact HFA at 202-457-5811 or email us at educate@hospicefoundation.org to register the additional participants.

MATERIALS AREA

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials contain the full-length video, CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Describe phenomena around death and dying including terminal lucidity, near death, experiences, nearing death experiences, premonitions of death, transpersonal end-of-life experiences, and post-bereavement experiences;
2. Consider the ways that that phenomena may influence grief and loss;
3. Discuss ways that counselors and nurses should deal with such phenomena.

PROGRAM OUTLINE

- I. Introduction (10 minutes)
- II. Phenomena in Dying (30 minutes)
 - A. Terminal Lucidity
 - B. Near-Death Experiences
 - C. Premonitions of Death
 - D. Nearing-Death Awareness
 - E. End-of-Life Phenomena
 - F. Coincidences of Death
- III. Post-Bereavement Experiences (15 minutes)
 - A. Dreams
 - B. Sense of Presence Experiences
 - C. Symbolic Experiences
 - D. Messages and Mediums
 - E. Linking Objects
- IV. Counseling Strategies (20 minutes)
 - A. With Dying Individuals
 - B. With Families
- V. Conclusion (10 minutes)
- VI. Questions and Answers (5-10 minutes)

CONTINUING EDUCATION

This program is available for 1.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each. A complete list of board approvals for this course is posted to HFA's website (at www.hospicefoundation.org).

COURSE COMPLETION REQUIREMENTS

Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals*). Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at <https://educate.hospicefoundation.org>).

*A complete list of board approvals is posted on HFA's website at www.hospicefoundation.org.

EXPERT SPEAKERS

Kenneth J. Doka, PhD, MDiv, is a professor of gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*® book series, its *Journeys* newsletter, and numerous other books and publications. He has been a panelist on HFA's *Living with Grief* program for 25 years. Dr. Doka is a past president of the Association for Death Education and Counseling, a board member of the International Work Group on Death, Dying and Bereavement, and an Advisory Board member to the Tragedy Assistance Program for Survivors (TAPS). The Association for Death Education and Counseling has presented him with an Award for Outstanding Contributions in the Field of Death Education. In 2006, he was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. Dr. Doka is an ordained Lutheran minister.

MODERATOR

The Rev. Paul A. Metzler, DMin, has served more than 40 years as a clergy, therapist, and grief counselor. He was the Director of Community and Program Services for the Visiting Nurse Service of New York Hospice and Palliative Care and the Director of The Center for Living with Loss, a bereavement education and counseling center of the Hospice & Palliative Care Associates of Central New York. During his years of active service, Rev. Metzler was a Fellow of the American Association of Pastoral Counselors and a licensed Marriage & Family Therapist.

REVIEWER

Lynda Shand, CHPN, CNE, RN, PhD, *Associate Professor*, The College of New Rochelle

BIBLIOGRAPHY/REFERENCES

Peer-reviewed Journal/resource:

Janssen, J. Scott. (Nov/Dec. 2015). "Deathbed Phenomena in Hospice Care: The Social Work Response." In *Social Work Today*, Vol. 15, No. 6, p. 26
<http://www.socialworktoday.com/archive/111715p26.shtml>

Morrow, A. (Feb. 16, 2018). "Nearing Death Awareness." On VeryWell Health (www.verywell.com).
<https://www.verywell.com/nearing-death-awareness-1132500>

Kerr, C. W., Donnelly, J.P, Wright, S.T., Kuszczak, S.M., Banas, A., Grant, P.C., & Luczkwicz, D.L. (March 2014). "End of Life Dreams and Visions: A Longitudinal Study of Hospice Patients' Experiences". In *The Journal of Palliative Medicine*, 17(3), 296—303.
doi: 10.1089/jpm.2013.0371

Nosek, C.L., et al. (May 2015). "End of Life Dreams and Visions: A Qualitative Perspective from Hospice Patients." In *The American Journal of Hospice and Palliative Care*, 32(3), 269-74.

doi: 10.1177/1049909113517291

Hoffman, J. (Feb. 2, 2016). "A New Vision for Dreams of the Dying." In The New York Times Health Section.

<https://www.nytimes.com/2016/02/02/health/dreams-dying-deathbed-interpretation-delirium.html>

Expert resources:

Our program Speakers are expert resources

Textbook references:

Callanan, M. and Kelley, P. (2012). Final Gifts. New York, NY: Simon & Schuster.

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES PLEASE CONTACT

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