Hospice Foundation of America’s Program

CREATIVE AND THERAPEUTIC RITUALS
Self-Study ONLINE Course

DESCRIPTION
This self-study webinar course explores the use of ritual in assisting individuals who are grieving a loss. These rituals can include funeral and memorial services, group rituals, and individual therapeutic rituals. The webinar begins with a discussion delineating the therapeutic value of ritual.

PROGRAM DETAILS
Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

ON DEMAND: to registered individuals for 1 year after purchase
LENGTH: 90 minutes
CE HOURS: 1.5 hours for a wide variety of professional boards
CE FEE: One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are $10 each.

TARGET AUDIENCE: The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced. The course is useful to school nurses, school counselors, school administrators, clergy, counselors, nurses, nursing home administrators, social workers, case managers, psychologists, physicians, funeral directors, marriage and family therapists, caregivers, and those working with death, dying, grief or bereavement.

HOW THE ONLINE SELF-STUDY PROGRAM WORKS:
Step 1 - Register/purchase the course
Step 2 - View the course online through the link in your confirmation email or in your account.
Step 3 - Follow the instructions provided to receive your CE certificate*. *An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS
To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:
http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page

REGISTRATION INFORMATION/FEES
Register directly online, on HFA’s website: www.hospicefoundation.org. To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at educate@hospicefoundation.org.

For current prices, please refer to HFA’s website at www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.
REGISTRATION POLICY

INDIVIDUAL REGISTRATION
Provides one person, the registrant, access to the self-study course for personal viewing.

MULTIPLE VIEWER REGISTRATION
Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are $12 per additional participant per course. *Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates. Contact HFA at 202-457-5811 or email us at educate@hospicefoundation.org to register the additional participants.

MATERIALS AREA
Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at https://hospicefoundation.org/Shop-HFA/My-Account. From here, click on "Orders/Courses." Materials contain the full-length video, CE instructions, the program’s slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES
AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:
1. Define ritual and differentiate it from other actions such as repetitive actions;
2. Define liminal and describe the therapeutic benefits of liminal actions;
3. Describe current research on the value of funeral rituals/memorial services and delineate four factors that enhance funeral rituals/funeral services;
4. List and describe four types of therapeutic rituals and discuss the principles underlying the use of therapeutic ritual.
5. Describe principles and cautions in using therapeutic rituals in group settings.

PROGRAM OUTLINE
I. Introduction: Ritual as a Therapeutic Tool
   A. The Definition of Ritual
   B. The Power of Ritual
II. Funeral Rituals and Memorial Services
   A. Research and Theoretical Perspectives on the Value of Funerals and Memorial Events
   B. Enhancing the Value of Funeral Rituals
III. Therapeutic Ritual
   A. Principles of Therapeutic Ritual
   B. Types of Therapeutic Rituals
      1. Continuity
      2. Transition
      3. Reconciliation
      4. Affirmation
   C. Using Therapeutic Ritual in Group Settings
      1. Principles and Cautions
      2. Examples
         a. Grief Groups
         b. Grief Camps
         c. Hospice Events
         d. Others
IV. Conclusion
CONTINUING EDUCATION
This program is available for 1.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are $10 each. A complete list of board approvals for this course is posted to HFA’s website (at www.hospicefoundation.org).

COURSE COMPLETION REQUIREMENTS:
Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America’s list of board approvals*). Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA’s CE site at https://educate.hospicefoundation.org).

* A complete list of board approvals is posted on HFA’s website at www.hospicefoundation.org.

EXPERT SPEAKERS
Kenneth J. Doka, PhD, MDiv, is a professor of gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. A prolific author and editor, Dr. Doka serves as editor of HFA’s Living with Grief® book series, its Journeys newsletter, and numerous other books and publications. In addition, Dr. Doka has served as a panelist on HFA’s Living with Grief® teleconference programs for 16 years. Dr. Doka was elected president of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the board of directors of the International Work Group on Death, Dying and Bereavement and served as chairperson from 1997-1999. The Association for Death Education and Counseling presented him with an Award for Outstanding Contributions in the Field of Death Education in 1998. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under New York’s first state licensure of counselors. He has been the keynote speaker at conferences throughout North America as well as Europe, Asia, Australia, and New Zealand, and is a frequent guest on television and radio news programs. Dr. Doka is an ordained Lutheran minister.

Pamela Gabbay, MA, FT, has worked with grieving children, teens and their families for the past 20 years. She has conducted grief groups, worked one on one with grieving children, and worked extensively in the school setting. She is the former Director of the Mourning Star Center for Grieving Children and was the Camp Director for Camp Erin Palm Springs. Currently, Pamela is a National Trainer for the American Foundation for Suicide Prevention and an adjunct professor at Brandman University. Pamela served two terms on the Board of Directors of the National Alliance for Grieving Children and also served on The Moyer Foundation’s Camp Erin Advisory Committee. Formerly, she was President of the Southern California Chapter of the Association for Death Education and Counseling. Pamela was included in Hospice Foundation of America’s program Living with Grief: Helping Adolescents Cape with Grief and also HFA’s Beyond Kubler-Ross: New Perspectives on Death, Dying and Grief. Additionally, she has conducted nationwide presentations and webinars for numerous organizations, including the National Alliance for Grieving Children and Hospice Foundation of America. Pamela earned a Master’s degree in Cognitive Psychology from Claremont Graduate University and was awarded the Fellow in Thanatology by the Association for Death Education and Counseling. Currently, she is earning a Doctorate in Education from Brandman University.

REVIEWER
Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, The College of New Rochelle