Hospice Foundation of America’s Program

BEYOND SUPPORT GROUPS
Self-Study ONLINE Course

DESCRIPTION
This self-study webinar course explores the variety of ways that organizations such as hospices and palliative care organizations can offer a range of services to grieving individuals and families including varied types of support, psycho-education, and ritual.

PROGRAM DETAILS
Hospice Foundation of America has taken its popular webinar program and created a self-study course for professionals. The online presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting.

ON DEMAND: to registered individuals for 1 year after purchase
LENGTH: 90 minutes
CE HOURS: 1.5 hours for a wide variety of professional boards
CE FEE: One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are $10 each.

TARGET AUDIENCE: The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced. The course is useful to school nurses, school counselors, school administrators, clergy, counselors, nurses, nursing home administrators, social workers, case managers, psychologists, physicians, funeral directors, marriage and family therapists, caregivers, and those working with death, dying, grief or bereavement.

HOW THE ONLINE SELF-STUDY PROGRAM WORKS:
Step 1 - Register/purchase the course
Step 2 - View the course online through the link in your confirmation email or in your account.
Step 3 - Follow the instructions provided to receive your CE certificate*.
*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS
To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:
http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page

REGISTRATION INFORMATION/FEES
Register directly online, on HFA’s website: www.hospicefoundation.org. To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at educate@hospicefoundation.org.

For current prices, please refer to HFA’s website at www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.
REGISTRATION POLICY

INDIVIDUAL REGISTRATION
Provides one person, the registrant, access to the self-study course for personal viewing.

MULTIPLE VIEWER REGISTRATION
Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are $12 per additional participant per course. *Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates. Contact HFA at 202-457-5811 or email us at educate@hospicefoundation.org to register the additional participants.

MATERIALS AREA
Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at https://hospicefoundation.org/Shop-HFA/My-Account. From here, click on "Orders/Courses." Materials contain the full-length video, CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

LEARNING OBJECTIVES
AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:
1. Describe three different types of programs that hospices and palliative care organizations can offer individuals who are grieving;
2. Describe the advantages and limitations of support groups;
3. Discuss five different types of group offerings and indicate target populations;
4. Discuss the value of psycho-education and indicate two approaches to psycho-education;
5. Describe the value of rituals and indicate ways that rituals can be integrated into ongoing programs as well as examples of independent offerings.

PROGRAM OUTLINE
I. The Nature of Grief Support
II. Support Groups
   A. Advantages
   B. Limitations
III. Other Types of Group Support
   A. Adventure-Based Groups
   B. Discussion and Reading Groups
   C. Informal Groups
   D. Problem-Solving Groups
   E. Expressive Groups
   F. Examples
IV. Educational Programs
   A. Value of Psycho-Education
   B. Educational Programs
V. Rituals
   A. The Value of Ritual
   B. Examples of Rituals
VI. Conclusion: A Triadic Approach to Grief Support

CONTINUING EDUCATION
This program is available for 1.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are $10 each. A complete list of board approvals for this course is posted to HFA’s website (at www.hospicefoundation.org).
COURSE COMPLETION REQUIREMENTS:
Participants must view the entire 90-minute program (online-streaming video). Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America’s list of board approvals*). Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA’s CE site at https://educate.hospicefoundation.org).

* A complete list of board approvals is posted on HFA’s website at www.hospicefoundation.org.

EXPERT SPEAKERS
Kenneth J. Doka, PhD, MDiv, is a professor of gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. A prolific author and editor, Dr. Doka serves as editor of HFA’s Living with Grief® book series, its Journeys newsletter, and numerous other books and publications. In addition, Dr. Doka has served as a panelist on HFA’s Living with Grief® teleconference programs for 16 years. Dr. Doka was elected president of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the board of directors of the International Work Group on Death, Dying and Bereavement and served as chairperson from 1997-1999. The Association for Death Education and Counseling presented him with an Award for Outstanding Contributions in the Field of Death Education in 1998. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under New York’s first state licensure of counselors. He has been the keynote speaker at conferences throughout North America as well as Europe, Asia, Australia, and New Zealand, and is a frequent guest on television and radio news programs. Dr. Doka is an ordained Lutheran minister.

Michael Caserta, PhD, is a Professor in the Gerontology Interdisciplinary Program and holds the Robert L. and Joyce T. Rice Presidential Endowed Chair in Healthy Aging at the University of Utah. He earned his BA in Sociology (1976) from the College of Holy Cross (Worcester MA), an MS in Sociology (1984) and PhD in Health Education (1992) at the University of Utah. Dr. Caserta has published widely in the areas of spousal bereavement, family caregiving, and health promotion and self-care. His recent work has focused on ways to improve the self-care practices and daily living skills of older widows and widowers. Dr. Caserta is the principal investigator on a 5-year study (funded by the National Institute on Aging) that tested a bereavement intervention based on Stroebe and Schut’s (1999) dual process coping model of coping with bereavement. He is now a project leader on one of three integrated studies within Partners in Hospice Care, funded by the National Cancer Institute that addresses ways to enhance end-of-life and bereavement outcomes for cancer caregivers in hospice settings. This project provides an individually tailored intervention approach centered on bereavement support and education related to self-care and daily living challenges posing the most difficulty in the daily lives of the bereaved caregivers. Dr. Caserta is a member of the Association for Death Education and Counseling, and the American Association for Health Education and a fellow in the Gerontological Society of America (where he co-convened an interest group on death, dying, bereavement and widowhood). He regularly reviews manuscripts for professional scientific journals and has served on several editorial boards, including Omega: Journal of Death and Dying, and Death Studies.

REVIEWER
Lynda Shand, CHPN, CNE, RN, PhD, Associate Professor, The College of New Rochelle

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SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)
This is based on individual location(s).

CONFLICT OF INTEREST:
Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES
Please contact Hospice Foundation of America (HFA)

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