

## ATTACHMENT THEORY AND GRIEF SUPPORT

### DESCRIPTION:

Attachment-informed grief therapy enriches an understanding of how and why individuals grieve and how they can be helped. This webinar will review attachment-informed grief therapy and explore the ways attachment styles mediate mourning and influence the therapeutic process.

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### PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email or text the experts questions that they will discuss and answer during the program's Q & A session.

<b>LIVE DATE:</b>	June 19, 2018
<b>TIME:</b>	Noon to 1:30pm ET
<b>ON DEMAND:</b>	Available for 30 days*
<b>LENGTH:</b>	90 minutes
<b>CEs:</b>	1.5 hours for a wide variety of professional boards
<b>CE FEE:</b>	\$9.00 per participant+ (individual registration includes 1 CE certificate)
<b>TARGET AUDIENCE:</b>	Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

**This program will be live on the air date, recorded and made available for on demand viewing. The recorded program will be available approximately a day after the live event.**

**\*Registrants have access to the live webinar program and may access on-demand viewing for 30 days following the live event (until July 19, 2018). Registrations purchased after the live event date may be viewed on-demand for 30 days from the purchase date.**

**+CEs must be completed in the 30-day window.**

**All programs are available for purchase for one year following the live date.**

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### TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please also be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

[http://eventcenter.commpartners.com/se/Meetings/BrowserTest\\_New.aspx?account.id=CommPart](http://eventcenter.commpartners.com/se/Meetings/BrowserTest_New.aspx?account.id=CommPart)

**Technical Questions?** Please contact CommPartners at 1-800-274-9390 or via e-mail at: [hospice@commpartners.com](mailto:hospice@commpartners.com).

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## **PROGRAM FEES/MATERIALS:**

As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

NON-MEMBERS:	HFA MEMBERS:	
\$46.00	\$34.50	Individual Registration
\$130.00	\$97.50	Multiple-Viewer Registration

\*If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

### **HOW TO REGISTER:**

Register directly online, on HFA's website: [www.hospicefoundation.org](http://www.hospicefoundation.org).

### **REGISTRATION POLICY:**

#### **Individual Registration**

Provides one person, the registrant, access to the webcast for personal viewing.

#### **Multi-Viewer Registration**

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people.

### **MATERIALS AREA:**

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials include log-in information (viewing instructions and technical information), CE instructions, the program's slides, and additional program material. Information will be posted to your account as they become available.

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### **LEARNING OBJECTIVES:**

At the conclusion of this webinar, participants will be able to:

1. Discuss the fundamentals of attachment theory.
  2. Explain how early attachment experience influences attachment orientation and impacts later reactions to loss and separation.
  3. Describe the principles of an attachment informed approach to grief therapy and the clinical skills that the presenters regard as the core elements of an effective therapeutic relationship with bereaved clients.
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### **PROGRAM OUTLINE:**

- I. Introduction
  - II. Fundamentals of attachment theory
  - III. Early experience with attachment figures and later reactions to loss/separation
  - IV. The therapeutic relationship in grief therapy
    - A. Therapist as a "transitional" attachment figure
    - B. Core Capacities
  - V. Attachment style – customizing the therapy to the client's attachment style: Case studies
  - VI. Question and Answers
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### **CONTINUING EDUCATION (CE) CREDITS:**

This program is valid for 1.5 hours of CE credit. The CE cost is \$9 per certificate\*. CE credits for the live event are available for 30-days, until July 19, 2018. CE credits for the on-demand viewing must be

completed in the 30-day window following registration purchase date. For sites that purchased year-long access, last possible date to receive CE credits is June 18, 2019.

A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

\*An individual registration includes 1 CE certificate

\*\*An Unlimited CE package is available for multi-viewer registrations. If purchased, the program organizer will be provided with a unique payment code to distribute to their attendees to use in place of payment online.

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### **COURSE COMPLETION REQUIREMENTS:**

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (see above for specific CE deadlines). In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program. Attendees will also need to enter in their Site ID# (same as their Invoice # when they purchased the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

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### **EXPERT PANELISTS:**

**Phyllis Kosminsky, PhD, LCSW, FT**, is a clinical social worker specializing in grief, loss and trauma. She has a private practice in Westchester County, New York, and has been on the clinical staff of The Center for Hope/Family Centers, in Darien, Connecticut, an agency devoted to helping people who are dealing with bereavement or life threatening illness. In 2008 Dr. Kosminsky was named a Fellow in Thanatology by the Association for Death Education and Counseling (ADEC), in recognition of her contributions to teaching, research and clinical practice in the field of bereavement. She uses traditional psychotherapy as well as specialized trauma techniques and clinical hypnosis to address recent losses and those that may have occurred years in the past. Her experience extends to the treatment of adults who are caring for aging parents, spouses who have suffered the sudden loss of a partner, and others who are dealing with a wide range of difficult life transitions. She is co-author with John Jordan of the recent book, *Attachment Informed Grief Therapy: The Clinician's Guide to Foundations and Applications* (Routledge, 2016).

**John (Jack) R. Jordan, PhD**, is a licensed psychologist in private practice in Pawtucket, Rhode Island where he has specialized in work with survivors of suicide and other traumatic losses for more than 35 years. He is the Clinical Consultant for Grief Support Services of the Samaritans in Boston, Massachusetts, and the Professional Advisor to the Loss and Healing Council of the American Foundation for Suicide Prevention (AFSP). He is Co-Chair of the Survivors of Suicide Loss Task Force of the National Action Alliance for Suicide Prevention. This Task force has recently released postvention guidelines for the United States, titled *Responding to Grief, Trauma, and Distress After Suicide: U.S. National Guidelines*. For over 30 years, Jack has provided training nationally and internationally for professional caregivers, and has helped to lead many healing workshops for suicide survivors. Jack has published over 50 clinical and research articles, chapters, and full books in the areas of bereavement after suicide, support group models, the integration of research and practice in thanatology, and loss in family and larger social systems. He is

the co-author of four books: “*After Suicide Loss: Coping with Your Grief – 2<sup>nd</sup> Edition*” (2015 – self-published); “*Grief After Suicide: Understanding the Consequences and Caring for the Survivors*” (Routledge, 2011), “*Devastating Losses: How Parents Cope With the Death of a Child to Suicide or Drugs*” (Springer, 2012); and the newly published “*Attachment Informed Grief Therapy: The Clinician’s Guide to Foundations and Applications*” (Routledge, 2016).

**MODERATED BY:**

**Kenneth J. Doka, PhD, MDiv**, *Professor of Gerontology* at the Graduate School of The College of New Rochelle and *Senior Consultant* to the Hospice Foundation of America

**REVIEWER:**

**Lynda Shand, CHPN, CNE, RN, PhD**, *Associate Professor*, The College of New Rochelle

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**CE Credits for this program may only be obtained through HFA.** CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

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**SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):**

This is based on individual viewing location(s). For program organizers, please post all ADA instructions when advertising the program.

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**CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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**FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

**Please contact Hospice Foundation of America (HFA)**

**CONTACT INFORMATION**

Hospice Foundation of America

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