

AGING AMERICA
COPING WITH LOSS, DYING, AND DEATH IN LATER LIFE
Self-Study ONLINE Course

DESCRIPTION

America is aging at a rapid rate with 10,000 people in the U.S. turning 65 every day. Medicare is expected to include 80 million enrollees by 2040. The vast majority of this growing population will likely face multiple losses—spouse, partner, independence, identity—and complex medical care needs. How can mental health professionals, healthcare providers, clergy, bereavement counselors, and the wider community support the growing number of aging Americans through their losses and healthcare challenges in later life? Aging America panelists will integrate their expertise to deliver an in-depth discussion on innovative programs and new approaches to support older adults.

PROGRAM DETAILS

Hospice Foundation of America has taken the award-winning HFA *Living With Grief*® program and created an online self-study course for professionals. This is a recorded video presentation. The presentation includes an in-studio panel discussion with roll-in video clips containing candid, compelling interviews.

- RELEASE DATE:** Program originally premiered on March 12, 2019
- ON DEMAND:** to registered individuals for 1 year after purchase
- LENGTH:** video is approximately 2 hours + selected chapters of HFA's companion book (approx. 30min reading time)
- CE HOURS:** 2.5 hours for a wide variety of professional boards
- CE FEE:** One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each.
- CONTENT LEVEL:** The program is mainly for professionals already working in the field, but is practical for all levels of education – entry level, intermediate or advanced.
- TARGET AUDIENCE:** The presentation will be useful to a range of professionals who counsel persons who are bereaved, including health professionals, psychologists, counselors, clergy, social workers, nurses and other health care workers, as well as educators, teachers and school-based personnel and individuals who offer education on loss, grief, dying or death.

HOW THE ONLINE SELF-STUDY PROGRAM WORKS:

Step 1 - Register/purchase the course

Step 2 - View the course online through the link in your confirmation email or in your account.

Step 3 - Read the pdf chapters provided

Step 4 - Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.

TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. Please test your system ahead of time to ensure you have the capabilities to view and hear the program. Mobile service provider charges may apply.

TEST LINK for Audio and Video:

<http://hospicefoundation.org/Professionals/All-Programs/All-Self-Studies/Video-Test-Page>

REGISTRATION INFORMATION/FEEES

Register directly online, on HFA's website: www.hospicefoundation.org. To have a registration form mailed to you, contact HFA at 800-854-3402 or by email at educate@hospicefoundation.org.

For current prices, please refer to HFA's website at www.hospicefoundation.org.

There are no refunds on registration. *Few exceptions may occur depending on the circumstance. To request a refund, a written request must be received (and granted) by HFA.

REGISTRATION POLICY

INDIVIDUAL REGISTRATION

Provides one person, the registrant, access to the self-study course for personal viewing.

MULTIPLE VIEWER REGISTRATION

Provides one person, the registrant, access to the webcast for streaming from one computer to a group of people. Program access fees remain the same; CEs are included in course fees for the registered user and are \$12 per additional participant per course. **Please note that self-study courses accommodate individual learners only unless prior arrangements are made through HFA for additional certificates.** Contact HFA at 202-457-5811 or email us at educate@hospicefoundation.org to register the additional participants.

MATERIALS AREA

Course materials are accessible to all registered individuals immediately after registering. Program materials are available on HFA's website at <https://hospicefoundation.org/Shop-HFA/My-Account>. From here, click on "Orders/Courses." Materials contain the full-length video, pdf chapters, CE instructions, and additional program material. Information will be posted to your account as they become available.

Self-Study Chapters include:

- Chapter 4: Aging: Redeeming the Destiny We Were Born to Fulfill (Deborah Grassman):
Word Count: 2,537
- Chapter 16: Grieving Styles: A Later Life Perspective (Terry L. Martin & Kenneth J. Doka):
Word Count: 3,922

LEARNING OBJECTIVES

AT THE CONCLUSION OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

1. Describe both strengths and challenges that older persons face as they deal with loss in later life;
2. Describe the ways that loss and grief may affect the health of older persons;
3. Discuss constraints to older persons' utilization of support groups and counseling and assess strategies to encourage use of appropriate services;
4. Describe factors that may complicate advance care planning and end-of-life decisions in older persons;
5. Describe the ways ensuring the ethical principles of autonomy, beneficence and justice should be balanced in complex cases;
6. Discuss how comprehensive care planning can help manage chronic illness and improve outcomes for older adults.
7. Discuss life review and other interventive strategies to assist dying and bereaved persons in later life.

AGENDA / SEGMENT HIGHLIGHTS

The program will run approximately 2 hours in length, with a brief intermission about halfway through. Segment summaries will be as outlined below:

- SEGMENT I:** Loss in Later Life (60 minutes)
Brief Intermission (recommended 10-20 minute break)
- SEGMENT II:** Dying in Later Life (60 minutes)

CONTINUING EDUCATION

This program is available for 2.5 credits of continuing education. CE credits are available to the registered participant online (after completing the course). One CE certificate is included in the cost of registration. Additional certificates (if selecting more than one board) are \$10 each. A complete list of board approvals for this course is posted to HFA's website (at www.hospicefoundation.org).

COURSE COMPLETION REQUIREMENTS:

Participants must view the entire program video and read the selected pdf book chapters. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline (1 year after purchase of course). In order to go online, two codes will be issued to you and verified online; a Site # (same as your Order/Invoice #) and the Course Code (provided in your CE instruction sheet). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from.* Participants will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at <https://educate.hospicefoundation.org>).

*A complete list of board approvals is posted on HFA's website at www.hospicefoundation.org.

MODERATED BY

Frank Sesno, *Director*, School of Media and Public Affairs, The George Washington University

EXPERT PANELISTS

- **Kenneth J. Doka, PhD, MDiv**, Senior Bereavement Consultant to HFA and Professor of Gerontology, The College of New Rochelle; participant in 26 *Living with Grief*[®] programs
- **Brian de Vries, PhD**, Professor Emeritus of Gerontology at San Francisco State University
- **Patricia Murphy, PhD, APN, FAAN, FPCN**, recently retired as the Clinical Ethicist at University Hospital, Newark, NJ, and associate professor in the Rutgers-New Jersey Medical School Department of Surgery

REVIEWERS

Pamela Kushner, MA, MD, FAAFP and Lynda Shand, CHPN, CNE, RN, PhD

BIBLIOGRAPHY/REFERENCES

The Gerontological Society of America, www.geron.org

Our program Speakers are all expert resources (see biographies listed above)

Nielsen, M. K., Neergaard, M. A., Jensen, A. B., Bro, F., & Guldin, M. (2016). Do we need to change our understanding of anticipatory grief in caregivers? A systematic review of caregiver studies during end-of-life caregiving and bereavement. *Clinical Psychology Review*, 44, 75-93. doi: 10.1016/j.cr.2016.01.002. PMID: 26796738

Ball, M.M., Kemp, C.L., Hollingsworth, C., Perkins, M.M. (2014). "This is our last stop": negotiating end-of-life transitions in assisted living. *Journal of Aging Studies* 30. pp. 1-13.
<https://doi.org/10.1016/j.jaging.2014.02.002>

Miller, S.C., Lima, J.C. & Thompson, S.A. (2015). End-of-life care in nursing homes with greater versus less palliative care knowledge and practice. *Journal of Palliative Medicine* 18(6), pp. 527-534.

Harris, D. L., & Winokuer, H. R. (2016). Principles and practices of grief counseling (2nd Ed.). New York: Springer Publishing.

COPYRIGHT NOTICE

HFA's program is copyrighted. Its use and dissemination is restricted and unauthorized duplication is strictly prohibited. HFA strictly prohibits any other dissemination of this program by any method, including internal WAN or LAN computer networks or telemedicine networks.

SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA)

Reasonable accommodation may be made available, on an individual basis. To request accommodation, please contact HFA via email at educate@hospicefoundation.org or call 800-854-3402, or write to HFA, 1707 L Street NW, Suite 220, Washington, DC 20036.

CONFLICT OF INTEREST:

Planners (Panelists and Reviewers) disclose no conflict of interest relative to this educational activity.

FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES

Please contact Hospice Foundation of America (HFA)

1707 L Street NW, Suite 220, Washington, DC 20036

educate@hospicefoundation.org / 1-800-854-3402 toll-free / (202) 457-5811 phone / (202) 457-5815 fax

PRODUCED BY

Hospice Foundation of America

End-of-life Care Resources for Professionals and the Communities they Serve

www.hospicefoundation.org

