

## DIGNITY THERAPY

### DESCRIPTION:

Dignity Therapy is a brief, individualized psychotherapy designed to address the emotional needs of adults who are receiving hospice or palliative care. During Dignity Therapy, clinicians complete a personal interview with their patients, allowing them to discuss their most important memories, accomplishments, and life roles, as well as any lessons learned in life, and hopes or dreams they may have for their loved ones in the future.

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### PROGRAM DETAILS:

This presentation features experienced professionals offering their own expertise on the topic. On the screen, you will see the slide presentation and will be able to hear the experts talking and presenting. If you login for the live version of the program, you'll also have the opportunity to email the experts questions that they will discuss and answer during the program's Q & A session.

**LIVE DATE:** February 21, 2017  
**TIME:** noon to 1:30pm ET  
**ON DEMAND:** to registered organizations and individuals through February 20, 2018  
**LENGTH:** 90 minutes  
**CEs:** 1.5 hours for a wide variety of professional boards  
**CE FEE:** \$7.00 per participant  
**TARGET AUDIENCE:** Health care clinicians, social service clinicians and others working in the hospice, palliative care, counseling, hospital, nursing home, funeral home or faith community environments

**This program will be live on the air date, recorded and made available on demand for one year. This program is accessible online only. The recorded program will be available approximately a day after the live event.**

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### TECHNICAL REQUIREMENTS

To view this online program, you will need a computer and screen, reliable internet access, and speakers. If you are showing to a large group, you will need a way to project on a large screen and a sound amplification system. Please test your system ahead of time to ensure you have the capabilities to view and hear the program, as HFA does not provide refunds on registration. Please also be sure to test on the SAME equipment you will use on the day of the program viewing.

TEST LINK for Audio and Video:

[http://media01.commpartners.com/CP/browser\\_test/iframe.html](http://media01.commpartners.com/CP/browser_test/iframe.html)

**Technical Questions?** Please contact CommPartners at 1-800-274-9390 or via e-mail at: [hospice@commpartners.com](mailto:hospice@commpartners.com).

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### PROGRAM FEES/MATERIALS:

As there are no refunds on registration (all registrations have immediate access to program video & materials), please be sure to test the system requirements prior to purchase.

\$25.99 Individual Registration  
\$89.99 Organizational Registration

\*If an individual would like information on which organizations are registered in their state (so they may attend a site viewing in their area), they may contact HFA at 800-854-3402.

\*\*HFA does offer discounts for purchasing pre-set education packages. Please see HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org) for current package pricing.

### **HOW TO REGISTER:**

Register directly online, on HFA's website: [www.hospicefoundation.org](http://www.hospicefoundation.org).

### **REGISTRATION POLICY:**

**A registered site is licensed to show this program at one, single location.** The definition of a site is as follows:

- Any individual accessing the streaming webcast from a computer at home or in the hospice or other office.
- Any group accessing the streaming webcast from a computer and projecting it so an entire room of people can access it.
- Each computer accessing the streaming webcast.

### **MATERIALS AREA:**

Course materials are accessible to all registered individual and organizations immediately after registering for the program(s). Materials include your log-in information (viewing instructions and technical information), CE information/instructions, the program's slides, and additional program material. Information will be posted to your account as they become available. A link to the materials is also available in your receipt for the program.

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### **LEARNING OBJECTIVES:**

At the conclusion of this webinar, participants will be able to:

1. Describe the underlying rationale for Dignity Therapy;
  2. List the characteristics of patients who would benefit from Dignity Therapy and those who would likely not benefit from such a therapeutic approach;
  3. Identify the process of Dignity Therapy with patients;
  4. Outline the generativity project that emerges from Dignity Therapy;
  5. Discuss practical issues associated with Dignity Therapy such as the costs and use of volunteers;
  6. Discuss the research evidence on the value of Dignity Therapy to patients and families.
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### **PROGRAM OUTLINE:**

- I. Introduction
    - A. Underlying Rationale for Dignity Therapy
    - B. The Dignity Therapy Model
  - II. Beginning Dignity Therapy
    - A. Selecting Appropriate Patients
    - B. The Dignity Therapy Process
    - C. The Generativity Project
  - III. Concluding Comments
    - A. Practice Concerns
    - B. Research
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### **CONTINUING EDUCATION (CE) CREDITS:**

This program is valid for 1.5 hours of CE credit. The CE cost is \$7 per certificate. CE credits are available until February 20, 2018.

A complete list of board approvals for this webinar program is posted to HFA's website at [www.hospicefoundation.org](http://www.hospicefoundation.org).

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### **COURSE COMPLETION REQUIREMENTS:**

Participants must attend the entire 1.5 hour program. Partial credit is not awarded. Participants must also complete the entire CE process online, before the CE deadline of February 20, 2018. (In order to go online, attendees will need to enter in a Course Code, which is only provided at the end of the program). The online CE process includes a required evaluation form and exam. The exam must be completed at 80% or above (the exam may be re-taken, if necessary). Attendees will be able to choose the board they wish to receive credit from (from Hospice Foundation of America's list of board approvals\*) and will then be able to print their CE certificate immediately after completing all CE requirements online (on HFA's CE site at [educate.hospicefoundation.org](http://educate.hospicefoundation.org)).

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### **EXPERT PANELIST:**

**Lori P. Montross-Thomas, PhD**, is an Assistant Professor in Family Medicine and Public Health, Division of Behavioral Medicine, at the University of California San Diego. She is a licensed clinical psychologist trained in hospice and palliative care, with specific expertise in Dignity Therapy. Over the past 15 years, Dr. Montross-Thomas has been engaged in clinical practice and research focused on dignity, hospice care, multiculturalism, positive psychology, psychosocial oncology, and resilience. She has received funding from the American Cancer Society (ACS), the Clinical and Translational Research Institute (CTRI), the International Alzheimer's Association, the National Alliance for Research on Schizophrenia and Depression (NARSAD), the MAPI Research Trust, and the Westreich Foundation. She has authored more than 40 journal articles and book chapters, and has more than a decade of experience as an educator, with both teaching and managerial experience in academic, counseling, and hospice settings.

### **MODERATOR:**

**Kenneth J. Doka, PhD, MDiv**, is Professor of Gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to Hospice Foundation of America.

### **REVIEWER:**

**Lynda Shand, CHPN, CNE, RN, PhD**, *Associate Professor*, The College of New Rochelle

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**CE Credits for this program may only be obtained through HFA.** CE instructions will be provided to the registered contact for the organization (or to the registered individual) prior to the live air date and to attendees at the end of the program.

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**SPECIAL ACCOMMODATIONS FOR DISABILITY (ADA):**

This is based on individual viewing location(s). For program organizers, please post all ADA instructions when advertising the program.

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**CONFLICT OF INTEREST:**

Planners (Panelists and Review Committee Members) disclose no conflict of interest relative to this educational activity.

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**FOR QUESTIONS, COMMENTS, OR ADDRESSING GRIEVANCES**

**Please contact Hospice Foundation of America (HFA)**

**CONTACT INFORMATION**

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