Hospice Foundation of America

Product Catalog

Celebrating 25 years of Living with Grief®!
PRODUCTS

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ORDERING INFORMATION

REGISTER ONLINE: Visit www.hospicefoundation.org and click on the red "Explore HFA products and programs" button on our homepage. Log into your Hospice Foundation of America account to complete your order purchase.

CALL us at 800-854-3402

EMAIL us at educate@hospicefoundation.org

*Non-DVD or print materials will be available for download via your HFA account at hospicefoundation.org
**Prices and products current as of October 2017 and subject to change.
Become an HFA member and receive exclusive discounts on continuing education programs, HFA publications, and access to members-only content.

HFA has served the hospice, bereavement, and end-of-life care field for more than 30 years. Join us and other like-minded provider organizations and professionals today!

**Membership Benefits:**

- **Discounts.** Receive up to 25% on HFA educational programs and products including webinars, *Living with Grief*® programs, self-study courses, books, DVDs, *Journeys* special issues, and more.

- **Content.** Exclusive access to members-only resource portal, providing content on bereavement, grief, volunteering, and caregiving:
  - Three supplementary *Journeys* articles per month.
  - Three previous HFA programs per month.
  - Complimentary content on hospice care and bereavement counseling available for use on your own brochures and publications

- **Partnership.** You’ll be associated with a valued leader that has served the hospice, bereavement, and end-of-life care communities for more than 30 years.

- **Information.** We’ll keep you informed on what’s new in the hospice and bereavement fields.

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<th>Membership Type</th>
<th>Annual Dues</th>
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<td>Volunteer</td>
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</tr>
<tr>
<td>For-Profit</td>
<td>$625</td>
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Celebrating 25 Years of *Living with Grief*

*Transforming Loss: Finding Potential for Growth*, an inspirational program about change in the wake of loss, is appropriate for all professionals working in hospice and palliative care, counselors, and any professional whose practice touches the lives of the bereaved. Ideal for community education and outreach, this program is sure to touch the hearts of those who have experienced loss.

Join HFA for this 1.5-hour program and follow people who have moved from grief to growth, changing their lives and the lives of those around them. Experts will provide self-help guidance useful for the bereaved and professionals, as well as guidance to professionals about how to support growth after loss.

**Coming March 2018!**

*For more information:*
Call (202) 457-5811
or
Email educate@hospicefoundation.org

**Sponsorships Available!**

*Learn more on page 12*

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**Living with Grief® Through the Years**

HFA has had the pleasure of producing 25 years of *Living with Grief®*. Dive into the history of this program with HFA’s self-study programs.

**How do HFA’s Self-Study programs work?**

**Step 1** – Register for/purchase the course.
**Step 2** – View the course online through the link in your confirmation email or in your account.
**Step 3** – Read the PDF chapters provided (*if applicable*).
**Step 4** – Follow the instructions provided to receive your CE certificate*.

*An evaluation and a short exam are a part of this process.*
The Living with Grief® Series

**When Grief is Complicated**  
**2 hours | 2.5 CE credits**  
This program is designed to assist counselors and others working with the bereaved understand, assess and assist individuals who may be experiencing complicated forms of bereavement.  
*includes resources and one accompanying book. Available through April 26, 2018.

**Managing Conflict, Finding Meaning - Supporting Families at Life’s End**  
**2 hours | 2.5 CE credits**  
This program addresses methods, strategies, and practices that can be used to provide support to terminally ill patients, their families, and close networks as they cope with impending death.

**The Longest Loss: Alzheimer’s Disease and Dementia**  
**2.5 hours | 3 CE credits**  
Through a combination of candid, compelling interviews and in-studio discussions, experts will identify how medical and social service professionals can best improve care for patients, families and themselves while coping with loss and grief associated with these progressive illnesses.

**Helping Adolescents Cope with Loss**  
**2.5 hours | 3 CE credits**  
This program focuses exclusively on the issues that adolescents face as they cope with loss and explores the ways that healthcare workers, hospices, educators, social workers, counselors, clergy, funeral directors, and other professionals can assist adolescents as they cope with loss.

**Improving Care for Veterans Facing Illness and Death**  
**2 hours, 45 min | 3 CE credits**  
Designed to assist health and human service professionals in enhancing their sensitivities and understanding of veterans and to provide professionals with new interventions to better serve dying veterans and their families.

**End-of-Life Ethics: A Case Study Approach**  
**2.5 hours | 3 CE credits**  
Using a case study approach, this program examines the ethical issues and dilemmas that emerge at the end-of-life, the principles of ethical decision-making and the effects of these decisions on staff and families.
Supporting Bereaved College Students and Emerging Adults
Available On-Demand: available through September 18, 2018
Heather Servaty-Seib, PhD & moderated by Kenneth J. Doka, PhD, MDiv
Many college students and emerging adults face their first significant loss just as they are striving for independence and autonomy, often far from their normal support systems. This program will focus on effective strategies for supporting this population through the unique challenges they face.

Hospice 2017 and Beyond: A Changing Landscape
Available On-Demand: available through September 25, 2018
Jim Monahan, MEd, ACHE & Ana A. Sanchez, M.D. HMDC
A rapidly changing landscape of healthcare delivery is resulting in hospice providers caring for patients with more complex needs. This program uses a case study approach to examine complex care in patient and bereavement care in hospice and suggests solutions to ensuring optimal care.

Helping Mourners Deal with Jealousy, Guilt and Shame in Bereavement
Available On-Demand: available through October 16, 2018
Dale Larson, PhD & Kenneth Doka, PhD, MDiv
Grieving people may experience surprising and unsettling emotions after a death including jealousy, guilt, and shame. This webinar will offer interventive strategies to help grieving individuals recognize, validate, and resolve such complicated reactions.

Community Tragedies: The Hospice Response
Live: December 14, 2017 | On-Demand: available through December 13, 2018
Patti Anewalt, PhD, LPC, FT
Recent tragedies have caused many who work in hospice or a field related to death and dying to wonder how they would, or should, respond if a traumatic event occurred in their community. Having participated in community crises at both national and local levels, Dr. Patti Anewalt will address the phases of community tragedies, possible levels of involvement, as well as the reasons for and ways to obtain additional training.

Current Issues in Pain Management and End-of-Life Care
Live: February 20, 2018 | On-Demand: available through February 19, 2019
Marian Grant, DNP, ACNP-BC, ACHPN, FPCN, RN & Hank Willner, MD
Using a case study approach, this webinar will address pain management at the end-of-life, including issues surrounding the use of opioids, communication with patients and families, regulations, policy implications, and drug monitoring systems. Moderated by JoAnne Reifsnyder, PhD, RN

Ethical Issues in Effectively Providing LGBTQ-Inclusive Hospice and Palliative Care
Live: April 17, 2018 | On-Demand: available through April 16, 2019
Kimberly Acquaviva, PhD, MSW, CSE & moderated by Kathleen Taylor, MA, LMHC
When there is tension between values/beliefs of an individual health care professional and the ethical imperative to treat all patients with dignity and respect, conflict (and legal issues) may arise. This webinar will explore potential conflicts and offer strategies and tools for professionals in effectively serving the LGBTQ communities.
<table>
<thead>
<tr>
<th>Program Title</th>
<th>Live: Date</th>
<th>On-Demand: Available Until</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>Dying, Death and Grief Phenomena</td>
<td>May 15, 2018</td>
<td>May 14, 2019</td>
<td>Kenneth Doka, PhD, MDiv &amp;</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>moderated by Paul Metzler, DMin</td>
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<tr>
<td>Healthcare professionals and family members often report witnessing unusual or unexpected responses when a person is nearing death. This program will explore phenomena such as terminal lucidity, near death experiences, nearing death awareness, and other end-of-life phenomena, and how clinicians can handle such experiences.</td>
<td></td>
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<tr>
<td>Attachment Theory and Grief Support</td>
<td>June 19, 2018</td>
<td>June 18, 2019</td>
<td>Phyllis Kosminsky, LCSW, PhD &amp;</td>
</tr>
<tr>
<td></td>
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<td>John Jordan, PhD</td>
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<tr>
<td>Attachment-informed grief therapy enriches an understanding of how and why individuals grieve and how they can be helped. This webinar will review attachment-informed grief therapy and explore the ways attachment styles mediate mourning and influence the therapeutic process.</td>
<td>Moderated by Kenneth J Doka, PhD, MDiv</td>
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</table>
Webinars are live on the air date, recorded and made available for on-demand viewing. The recorded program will be available approximately one day after the live event.

Registrants have access to the live webinar program and may access on-demand viewing for 30 days following the live event. Registrations purchased after the live event date may be viewed on-demand for 30 days from the purchase date. Access to webinars for a year after original program air date available for purchase as add-on with Multi-Viewer Webinar Package.

All programs are available for purchase for one year following the live date.

### Single Webinar

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<thead>
<tr>
<th>Registration Type</th>
<th>Members</th>
<th>Non-Members</th>
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<tr>
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<td>$34.50</td>
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<tr>
<td>Multi-Viewer Site</td>
<td>$97.50</td>
<td>$130.00</td>
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### Webinar Package

*Includes all 6 webinars to streamline your registration process*

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<th>Registration Type</th>
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<tr>
<td>Individual Viewer</td>
<td>$222.00</td>
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<td>Multi-Viewer Site</td>
<td>$585.00</td>
<td>$860.29</td>
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<tr>
<td>Year Access (add-on)*</td>
<td>+$250.00</td>
<td>+$300.00</td>
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*To order Year Access, call (202) 457-5811 or email educate@hospicefoundation.org. Year Access can only be purchased as an add-on to the Multi-Viewer Webinar Package. Not available to Single Webinars or Individual Webinar Package. Year Access allows viewers access to the program starting from the live air date to 1 year after.

### Continuing Education

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<th>Members</th>
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<tr>
<td>Individual</td>
<td>First 1.5 CE certificate is included with purchase of Individual Viewer webinar.</td>
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<tr>
<td>Multi-Viewer Site</td>
<td>$9 per certificate</td>
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### Unlimited CE Packages (Multi-Viewer Sites ONLY)

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<th>Member</th>
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<tr>
<td>Per Webinar</td>
<td>$146.63</td>
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<td>All Eight Webinars</td>
<td>$393.75</td>
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CEs must be completed in the 30-day window.
A link to the approved boards list is available on the product information.
To learn more visit: www.hospicefoundation.org/ShopHFA
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<tr>
<th>Course Title</th>
<th>Duration</th>
<th>CE Credits</th>
<th>Program Details</th>
<th>Additional Details</th>
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<tr>
<td>Soul Injury</td>
<td>1.5 hours</td>
<td>2 CE credits</td>
<td>$39.00 Webcast $69.00 Webcast &amp; DVD</td>
<td>A presentation by Deborah Grassman, Opus Peace in partnership with HFA. The mental and emotional injuries that accompany trauma are readily identified. Less recognized are the wounds that occur with trauma. This webinar discusses soul restoration, including learning how to re-own scattered pieces of self.</td>
</tr>
<tr>
<td>Supporting Individuals with Intellectual and Developmental Disabilities (2013)</td>
<td>2 hours</td>
<td>2 CE credits</td>
<td>$29.95 Online DVD $30.99 Full-length</td>
<td>This program focuses on the critical challenges of providing and accessing optimal end-of-life care and bereavement support for individuals with intellectual and developmental disabilities.</td>
</tr>
<tr>
<td>Artificial Nutrition and Hydration at the End of Life (2012)</td>
<td>2 hours</td>
<td>2 CE credits</td>
<td>$29.95 Online DVD $30.99 Full-length</td>
<td>Explore medical, legal, ethical issues, and communication barriers that surround ANH, with emphasis on the need to have clear policies on ANH and offer training to staff and education for families to minimize family misunderstanding and discord.</td>
</tr>
<tr>
<td>African Americans and End-of-Life Care (Special Report)</td>
<td></td>
<td></td>
<td>$30.99 Full-length</td>
<td>Examine African American attitudes about care at the end of life, look at grief and the African American community, and suggest ways to reach out to African Americans who are making end-of-life decisions.</td>
</tr>
<tr>
<td>Journeys With Grief, A Collection of Articles about Love, Life and Loss</td>
<td></td>
<td></td>
<td>$9.95 Book</td>
<td>Filled with helpful Journeys articles from over the years, this 160-page volume speaks to those facing loss and are seeking to understand the many feelings that they may be experiencing.</td>
</tr>
<tr>
<td>Living With Grief® Resource Library</td>
<td></td>
<td></td>
<td>$184.95 Books</td>
<td>A complete set of 18 books currently in print from the Living With Grief series published by the Hospice Foundation of America. For descriptions, please see the listings for the individual books.</td>
</tr>
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</table>
HFA’s monthly newsletter offers support and practical advice for people coping with loss and grief. Each month features articles written by experts in an easy-to-read style that speak to the many different aspects of the grieving process. Regular monthly features include expert answers to reader questions.

A Journeys subscription is a comforting gift to a family member or friend who has lost a loved one. Bulk subscriptions provide organizations with an invaluable outreach tool to provide support to the communities they serve.

<table>
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<td>Individual Annual Subscription</td>
<td>$25.00 Shipping &amp; handling included</td>
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<td>Bulk Annual Subscription</td>
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<td>$6.82 100-249 copies per month</td>
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<td>$6.39 250-499 copies per month</td>
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<td></td>
<td>$5.47 500+ copies per month</td>
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<td>Shipping &amp; handling NOT included</td>
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<tr>
<td></td>
<td>Pricing is based on the number of copies received each</td>
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<td></td>
<td>month for one year.</td>
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<tr>
<td></td>
<td>For example: Your hospice would like to receive 150</td>
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<tr>
<td></td>
<td>copies of Journeys each month for distribution on your</td>
</tr>
<tr>
<td></td>
<td>in-house list, You would order 150 copies at $6.82</td>
</tr>
<tr>
<td></td>
<td>apiece and receive 150 copies each month for 12 months.</td>
</tr>
<tr>
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<td>150 x $6.82 = $1,023.00</td>
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**Words from our Readers**

“The newsletters were very, very helpful and reassuring. I looked forward to them and [they] were always what I needed.”

“Journeys has been very helpful for our Hospice families and staff. We are grateful to have access to the important and useful information you provide.”

**Journeys Special Issues**

HFA publishes Special Issues of Journeys in a range of topics, helping individuals at particularly difficult times of the year. Don’t miss out on some of the best resources available for those struggling with grief and loss.

**Journeys** special issues include:

- Newly Bereaved Issue (Large font also available*)
- Anniversary Issue
- For Kids By Kids (12 and older)
- Understanding Support Groups
- Winter Holidays
- Spring Holidays
- Caregiving and Hospice
- Grief and Intellectual & Developmental Disabilities
- Spanish Issue (includes English Translation)

$43.95 Pack of 50
$53.95 Pack of 100
Shipping & handling NOT included

*Newly Bereaved Large Font Issue is sold individually for $3.99 per copy
This booklet dispels the all-too-common myths surrounding hospice as well as the hospice philosophy of care, hospice care in a nursing home, how to access hospice care, and how and when to talk to a physician about receiving hospice care.

**Understanding Hospice, 22 pages**

**Single:** $4.99  
**Pack of 50:** $75

The bereaved often find themselves returning to work shortly after a loss due to employment policies and/or income needs. This booklet addresses the trepidation that many grievers feel on their first day back in the workplace, the potential insensitivity of well-meaning or unknowing colleagues, and provides other tips to help workers make the often uncomfortable transition back to work more bearable.

**Returning to Work After a Loss, 20 pages**

**Single:** $4.99  
**Pack of 50:** $75

This tri-fold gives helpful tips for providing support and is useful for those unfamiliar with or uncomfortable around serious and advanced illness.

**Supporting a Friend or Loved One with Advanced Illness, tri-fold**

**Single:** $2.50  
**Pack of 50:** $37.50

This useful booklet draws on articles from *Journeys - A Newsletter to Help in Bereavement* to provide support, validation, and guidance while navigating the grief journey, addressing grief in the immediate aftermath of a death, and grief during the holidays and anniversaries.

**Understanding Grief, 22 pages**

**Single:** $4.99  
**Pack of 50:** $75
Professional Resources

Clergy to Clergy (CDs): Helping You Minister to Those Experiencing Illness, Loss, and Grief

Topics Include:
- Counseling Those with Life-Threatening Illness
- The Funeral Ritual: Empowering Healing
- Your Faith Community as a Source of Support
- Helping Children Cope with Loss
- Facing Illness and Grief as a Family
- Complicated Mourning
- Caring for Yourself

CD Set
$29.99

A Guide for Recalling and Telling Your Life Story

This guide is an award-winning workbook designed to help a person tell his or her life story. Each page suggests a topic such as Family, Adult Life, and Reflections followed by space for your personal story. The companion DVD (23 minutes) offers practical suggestions from hospice workers and patients on how to use the guide as a tool to re-live the experiences of growing up and growing older.

DVD
$15.99 per copy

Workbook
$24.99 per copy

Workbook & DVD Set
$34.99 per set

A Caregiver's Guide to the Dying Process

This guide prepares caregivers by discussing both the physical symptoms of dying and the psychological issues that accompany the dying process. It may also be used by hospices and other end-of-life organizations as a helpful training aid for staff and volunteers.

Single
$7.99 each

Box of 50
$249.99

Box of 100
$345.99

Hospice Volunteers Brochure

“As a volunteer, I not only have the chance to help patients and their families, I make myself feel valuable at the same time.” What do hospice volunteers do? How do I become a volunteer? Can I handle the job? These questions and others are addressed in Hospice Volunteers.

Single Brochure
$2.99

Pack of 25
$29.99

Pack of 50
$49.99
Hospice: Something More

Limited quantities of the DVD are available free to any interested organization or individual. To request a free DVD of “Hospice: Something More” email us at somethingmore@hospicefoundation.org or call us at (202) 457-5811.

This 60-minute program takes an intimate look into the hospice experiences of patients and families, including an interview with a young mother who discusses how hospice care is changing her life after her diagnosis of advanced, terminal cancer.

Audiences are afforded a rare glimpse into the lives of hospice patients in the one-hour special program, “Hospice: Something More,” available online and on DVD*. The program was produced by Hospice Foundation of America and funded by a grant from the John and Wauna Harman Foundation.

Watch the program for FREE at: https://hospicefoundation.org/End-of-Life-Support-and-Resources

Playwright Bryan Harnetiaux has written a trilogy of plays that provides a rich opportunity for self-examination and community dialogue on fundamental questions surrounding death and dying. Told with humor and a keen understanding of the human condition, the plays are compelling dramas about families struggling to deal honestly with the everyday problems and mysteries of mortality. Plays can be used individually or in any combination by hospices, churches, medical schools, community groups and other organizations as an educational tool and as a vehicle for creating dialogue about end-of-life issues.

$150 A single performance, one-year license for one play
$300 A single performance of each play in the trilogy, one-year license
$300 A license for one play to be used three times in one year

Other licensing combinations are also available; contact HFA for details.

To receive a perusal packet of information or to obtain a licensing agreement, please contact Lisa Veglahn at lveglahn@hospicefoundation.org or by calling 202-457-5811.
Sponsorship Opportunities

25th Anniversary Living with Grief®
Transforming Loss: Finding Potential for Growth
This inspirational program about change in the wake of loss is appropriate for all professionals working in hospice and palliative care, counselors, and any professional whose practice touches the lives of the bereaved. Ideal for community education and outreach, this program is sure to touch the hearts of those who have experienced loss.

Sponsorships begin at $250 and include a site registration

Professional Education Webinars
Each year, HFA offers live professional education webinars featuring experienced professional who offer their expertise on the program topic. Webinar participants include a concentrated group of individuals, each of whom has an interest in topics dealing with loss, bereavement, and end-of-life care.

Webinar underwriting begins at $2,500

Journeys Newsletter
Published monthly, Journeys is distributed to 41,000 grieving families and individuals a month and offers support and practical advice on coping with loss. This publication is available for individual or bulk subscription and is circulated through community hospice bereavement programs.

Sponsorships begin at $5,000

Visit https://hospicefoundation.org/Education/Become-a-Sponsor to learn more

Why Invest in HFA?
Investing in HFA through a program sponsorship or newsletter advertisement allows HFA to continue its focus on compassionate, mission-driven projects that improve how we live and die. It also provides you with the opportunity to:

- Build your brand through product exclusivity
- Target your advertising to a captive audience
- Make a statement of your support for the hospice philosophy of care by aligning with an organization devoted to it
- Enhance your exposure
About HFA

Hospice Foundation of America is a 501(c)(3) nonprofit organization. HFA meets its mission by providing programs for professional development, public education and information; funding research, producing publications, and by providing information on issues related to hospice and end-of-life care.

Our programs for healthcare professionals are designed to improve care of those with terminal illness and those experiencing the process of grief, and are offered on a national basis. Our programs for the public are designed to assist individual consumers of health care who are coping with issues of caregiving, terminal illness, and grief.

Educational Programs

HFA improves the quality of hospice care by providing excellent resources and support to professionals. All programs are available for purchase separately. Individual registrations are intended for viewing by one person and cannot be shared. Multi-viewer registrations are intended for program viewing by more than one person at a location.

Continuing education credits are available for each program from a variety of boards and available for one year following the live date. A list of approved boards is available on the program-specific webpage at www.hospicefoundation.org. CEs are purchased separately from the program. CEs are obtained online at https://educate.hospicefoundation.org.

Hospice Foundation of America
1707 L Street NW, Suite 220
Washington, DC 20036

800-854-3402 | Fax: 202-457-5815

educate@hospicefoundation.org
www.hospicefoundation.org
The mission of Hospice Foundation of America is to provide leadership in the development and application of hospice and its philosophy of care with the goal of enhancing the U.S. health care system and the role of hospice within it.